

跳躍寶寶大聯盟

Fitness Fantastic



依據 2-3 歲幼兒體能發展編定的體適能課程，重點提升幼兒大肌肉強度及耐力、協調及平衡能力。

Children's physical fitness program based on the development of children from 2 to 3 years old. The program aimed at focusing on gross motor development for body strength, flexibility and coordination.

對象及人數 Target	小組班 8-10 人 / 班 (開班人數 : 4 人) DN (8-10 students/class; Minimum Class Size of 4 students)
授課語言 Language	粵語 Cantonese
費用 Fee	每堂為每堂為 45 分鐘 45 mins/Lesson 一個學期 = \$2500 (10 堂) One term enrollment = \$2500 (10 Lessons) 全年費用 = \$4000 (20 堂) Annual enrollment = \$4000 (20 Lessons) 課程開始後報名，須按比例報讀各期剩餘課堂，每堂 \$350 Enrollment Fees after programme begins, \$350 each lesson and need to enroll the remaining lessons of the term.
證書 Certificate	小朋友出席率達 80% 將獲證書，費用已包括證書。 Students of attendance rate over 80% would receive a certificate. Certificate is included in class fees.